



## **The Men's Probus Club of Lindsay** **Notice of Upcoming Events**

### **Next Meeting**

Tuesday January 14th, 2020 at 10:00am  
at the Masonic Hall.

**Speaker: Ryan Alexander**

**“Community Care Hospice Services”**

If you are bringing a guest, please contact Bob Whitfield @ 705-324-7659

*Following the meeting an optional lunch is planned for those wishing to attend at: The Grand Experience on Kent St.*

#### **Our Guest Speaker, Ryan Alexander**



Ryan graduated from Brock University with a BA in Community Health and a Master of Science degree in Applied Health Sciences. He worked for Niagara Region Public Health as a Health Promoter in Injury Prevention before moving "home" to the City of Kawartha Lakes to join Community Care in 2011. He was the organization's first ever Health Promoter - a position he held for 5 years. In 2016, Ryan shifted focus to Hospice Services, where he helps improve the quality of life for individuals living with a life-limiting illness, or who are grieving the death of a loved one.

As Hospice Services Manager, Ryan leads a compassionate and highly skilled team of staff and volunteers to ensure that individuals and families in our community are well supported through their journey with illness. Being diagnosed with cancer, ALS, COPD, kidney disease or otherwise is difficult and overwhelming, and his team at Hospice offers a hub of support for people in such circumstances. In addition, grief support offered through Hospice Services ensures that no one in the community has to grieve alone.

Born and raised in Kawartha Lakes, Ryan is thrilled to establish roots for his family in the same community where he grew up. When not with family and friends, he is an active member of the Lindsay Optimist Club.