



## LINDSAY MEN'S PROBUS CLUB

Chapter #185 Charter Date: February 23rd 2007

[lindsaymensprobusclub.com](http://lindsaymensprobusclub.com)



On March 11th, we held our monthly meeting, with ~45 members attending. Following a 30-minute social time, Club President, Bill Mackasey, opened the meeting at 10:30 a.m. and welcomed everyone. We then rose for O'Canada.

There were no guests or new members at today's meeting.

Bill then thanked Ron Wallace, who recently resigned as Club Secretary for health reasons. Ron will continue to be the Club's Historian, and has also served as VP, President, and Past President, notably through the COVID pandemic. Ron was applauded by members for his service to the club.

Sal Polito advised members that the "Who am I" segment would feature himself to illustrate how other members at future meetings might approach "telling their story" in 5 minutes or less. Without any prepared notes, Sal condensed his career, interests, volunteerism, accomplishments, and personal life into a short talk. Thanks go to Sal, not only for this, but for being active in our club, serving as Vice President, President, & Past President.

Our guest speakers, Tammy Adams (Founder) & Susan Fisher (Managing Director) from Silverlights Senior Services, were introduced by Ted Abbot. Their talk was entitled "Changing the Narrative of Senior Care".

Silver Lights Senior Services is committed to providing seniors with compassionate, reliable, and personalized homecare services that prioritize their safety and comfort. As a family-owned and operated company, they understand the importance of consistency and exceptional service in improving their clients' lives. Their dedication is centered around promoting independence and offering unmatched care and respect to their clients. Their team of professionals is not only highly skilled in comprehensive care but also genuinely empathetic and compassionate towards those they serve. Through their individualized and customized approach, they strive to enhance the lives of their clients by addressing their specific needs. Building strong relationships and creating an environment where their clients feel heard, valued, and understood is paramount. They empower their clients to make their own choices and lead secure and independent lives in the familiarity of their own homes.

Tammy & Susan shared details of the programs offered by Silverlights supported with photos and a video. More information about Silverlights can be found on their website: [silverlightsseniorservices.com](http://silverlightsseniorservices.com)

Tammy & Susan were thanked by Mark Doble, who remarked on the important and profound positive impact that Silverlights has on those it serves and their families.

Max Radiff announced that we have been invited visit to the Newmarket Club on April 16th for their meeting at 10:30am and an afternoon guided tour of the Sharon Temple. More details on page 3...

Tammy drew the Share-the-Wealth ticket, with the winner being Ron Neale.

Bill thanked everyone for coming and closed the meeting at 11:45, with 20 members going to the Friendly's Restaurant for lunch.



# PHOTO's



Mark Doble thanked our guest speakers, Susan Fisher(L) & Tammy Adams (R), with President Bill Mackasey.



Who Am I?  
Sal Polito

### About our Guest Speakers

Tammy Adams is the owner and founder. She has a strong background in Education and Social Services and opened Silver Lights in 2018. Obtaining her PSW certificate in 2022 allowed her to provide better personal care to clients in the Adult Day Program and lead the PSW team at Silver Lakes.

Born and raised in Kawartha Lakes, Tammy has a caring nature and a personable demeanour. In her spare time, which probably has limitations, Tammy indulges in many activities including, boating, snowmobiling, gardening, travelling and being with her loved ones.

Susan Fisher has held the position of Managing Director since 2021. Her strong background includes Recreation Therapy and management across various settings including Long Term Care, Retirement Homes and Adult Day Programs. Susan also has experience in working with the Alzheimer Society. Susan’s mother has been diagnosed with Alzheimer’s disease, which has reignited her passion for supporting individuals living with dementia and their families. She was born and raised in Port Sydney, Muskoka and re-located to the Kawartha Lakes 16 years ago where she met her now-husband and built a life along with their daughter.

### Silverlights Story

Tammy Adams, the owner and founder of Silver Lights Senior Services, established the company in 2019. Initially, the company offered Companionship services to seniors residing in the City of Kawartha Lakes. However, when the COVID-19 pandemic emerged, there was a surge in demand for additional services within the local community. Consequently, Silver Lights Senior Services expanded its offerings to include PSW services, Companionship and Dementia Companionship, and Transportation and Accompaniment services for seniors residing in the City of Kawartha Lakes, Port Perry, and Uxbridge areas.





## Club Notices

**Next Club Meeting - Tuesday, April 8th at 10am**

**Speaker: Dave Ellis**

**“Kawartha Lakes Wildlife”**

### **Club Secretary needed - please contact President Bill Mackasey**

**Serve on the Management Committee with the following responsibilities:**

- a. Act as a signing officer for the Club.
- b. Prepare, retain, and distribute minutes of Management Committee meetings and such other meetings requiring minutes.
- c. Advise Probus Centre-Canada Inc. of the name and address of the current club president and club secretary following the Annual General Meeting in October.
- d. Arrange for payment of the Club's annual assessment to Probus Centre-Canada.
- e. Responsible for maintaining and emptying the club's mailbox and disseminating any literature or other materials.
- f. Maintain a filing system for all official club documents.
- g. The term of office is at the discretion of the membership

### **Volunteers Needed**

The club needs one or two members to take responsibility for setting up the Club's Regalia and Projector Screen prior to every club meeting and following the meeting return them to storage.

Please consider getting involved and taking on this important role.

Please contact President, Bill Mackasey if you are interested!

### **April 16 Visit to the Newmarket Club**

for their 10:30 a.m. meeting and an afternoon guided tour of the Sharon Temple. The speaker at the meeting will be Peter Jennings, the webmaster for Probus Global, on the topic: Artificial Intelligence.

**Any members who wish to join the group should contact Max Radiff before March 31st.**

## Health & Welfare

If you know of any member who is experiencing health issues at this time, please contact Bruce Cameron ~ [cam48retired@gmail.com](mailto:cam48retired@gmail.com)





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